

## Did You Recently Receive a Diagnosis?

### Ask:

What is my diagnosis? \_\_\_\_\_

What is the technical name of my disease or condition, and what does it mean in plain English? \_\_\_\_\_

What is my prognosis (outlook for the future)? \_\_\_\_\_

What changes will I need to make? \_\_\_\_\_

Is there a chance that someone else in my family might have or get the same condition? \_\_\_\_\_

Will I need special help at home for my condition? \_\_\_\_\_

Is there any treatment? \_\_\_\_\_

What are my treatment options? \_\_\_\_\_

How soon do I need to make a decision about treatment? \_\_\_\_\_

What are the benefits and risks associated with my treatment options? \_\_\_\_\_

Is there a clinical trial (research study) that is right for me? \_\_\_\_\_

Will I need any additional tests? \_\_\_\_\_

What organizations and resources can I turn to for support and information? \_\_\_\_\_